



PRESS RELEASE

COMMUNITY DEVELOPMENT COMMISSION OF THE COUNTY OF LOS ANGELES
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FOR IMMEDIATE RELEASE

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RESIDENTS OF UNINCORPORATED WHITTIER PROTECT THEMSELVES FROM THE FLU

The Community Resource Center and Walgreens Pharmacy Partner to Distribute Influenza Vaccines to Local Residents



Diana Reynaga is ready for a healthy start to the school year.

South Whittier, August 28, 2014 – Flu season is on its way, and residents of unincorporated Whittier are preparing themselves for a healthy winter. Walgreens Pharmacy partnered with the Community Resource Center (CRC) to provide free influenza (flu) shots to youth,

adults, and seniors living within unincorporated Whittier. With the new school year kicking off, the event focused on vaccinating students to help ensure they are protected and remain healthy in the classroom.

During flu season, October to as late as May, viruses are circulating in the population. The flu virus continuously changes which makes it necessary to get vaccinated annually. In addition, preventative steps like staying away from sick people and washing your hands regularly can reduce the spread of germs.

It's important to recognize that people ages 65 years and older are a very vulnerable population. Getting the flu shot is particularly important for older adults in order to reduce the chance of contracting this illness and prevent related doctor visits or hospitalization.



Over 70 residents of unincorporated Whittier protect themselves against the flu.

The CRC is a project of the Community Development Commission of the County of Los Angeles (CDC). Funded by the Fourth Supervisorial District, it works in collaboration with onsite service providers to offer health, wellness, and educational programs for families, seniors, and youth. “The annual seasonal flu vaccine is the best way to protect yourself from the flu, keep your family healthy, and prevent the spread of this contagious disease throughout the community.” said Supervisor Don Knabe.

Walgreens Pharmacy, CRC’s partner in this effort, strives to be a trusted, convenient provider and advisor of innovative pharmacy, health and wellness solutions, and consumer goods and services in communities across America.

The CRC is located at 10750 Laurel Avenue in South Whittier. For information on services provided by the CRC, please call (562) 946-2425, or visit the website at www.swcrc.org. All media may contact Elisa Vásquez, CDC Public Information Officer, at (626) 586-1762.

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